

Winner and Finalists' Citations

Award	Name	Photo	Citations
Winner	Mr Anson Ng		<p>He helps the poor and the dying</p> <p>Mr Anson Ng, 55, was sold as an infant to a poor taxi driver and his wife who had six daughters but longed for a son. When he was nine, his adoptive father killed himself and Mr Ng had to work several odd jobs to help his family. Although he did not do well in school, the former policeman started a successful second-hand car business.</p> <p>Healthcare pioneer Uma Rajan had roped him in to do charity work at an old folks' home more than 20 years ago and Mr Ng has not stopped since. Mr Ng became involved in the hospice movement - sponsoring trips and cooking meals for the terminally ill, even paying for the funerals of those who could not afford it.</p> <p>In 2018, he started Hao Ren Hao Shi (Good People, Good Deeds), which distributes monthly provisions to 1,000 families across Singapore. The ground-up movement has spread to schools.</p>
Finalist 1	Mr Charanjit Singh Walia and Mr Priveen Suraj Santakumar	 	<p>Singaporean duo feed Ukrainian refugees in Poland</p> <p>When news of the Russia-Ukraine war broke, Mr Priveen Suraj Santakumar, 34, packed his bags and flew to Poland to help the refugees. As a former nurse, he went with the intention of rendering medical help, but found a wok in his hands upon arrival. Whipping up Singaporean fried rice for the masses, he found it hard to manage his emotions, seeing how many children were waiting for food.</p> <p>In Poland, Mr Priveen met fellow Singaporean, Mr Charanjit Singh Walia, 64, a resident there for the past 25 years. Mr Charanjit had moved there to run his own restaurant, but soon noticed hungry mouths in the community that could not afford food.</p> <p>He started cooking free vegetarian meals for the needy in 2017. When his Ukrainian neighbour knocked on his door in February with breaking news on the war, Mr Charanjit</p>

			picked up his utensils and went to the border to feed refugees.
Finalist 2	Ms Jessica Tan and Mr Terry Hee		<p>Grit leads to gold for badminton pair</p> <p>In August 2022, badminton players Terry Hee and Jessica Tan captured the Singapore public's imagination by winning the mixed doubles gold at the Commonwealth Games. It was the country's first Commonwealth Games gold in badminton since Li Li's women's singles title in Manchester in 2002.</p> <p>Over the last 12 months, they have claimed three international titles at the professional level - the Czech Open, India Open and Orleans Masters. But it was their stunning gold-medal win in Birmingham - where they defied the home crowd and upset home favourites Marcus Ellis and Lauren Smith, ranked 25 spots above them - that saw them hailed as national sporting heroes.</p> <p>The achievement was all the more remarkable as they are rebuilding their careers in their late 20s. Tan had surgery on her shoulder in 2018 and then her knee in 2020, while Hee enlisted for national service in 2019. They reunited on the court only in 2021.</p>
Finalist 3	Ms Khairiah Hanim Mazlan		<p>She talks distressed passengers out of suicide</p> <p>Ms Khairiah Hanim Mazlan's first brush with helping the suicidal began when she was tasked to monitor such inmates as a prison officer. Now 44, she left the service in 2003 to become a paramedic as she wanted to contribute to society in a different way.</p> <p>About 12 years ago, a close friend killed himself some time after sharing that he was in debt, leaving Ms Khairiah determined to help anyone facing a similar plight. After quitting her job to work as a private-hire driver to care for her elderly parents in 2018, she began talking to her passengers and also trained herself with suicide prevention charity, 'Caring for Life' in 2021 to talk to those in distress.</p> <p>"You don't know whether someone is leaving for a holiday or rushing home for a funeral, so for me, I will always check if my passengers are okay and pray for them," she said.</p>

<p>Finalist 4</p>	<p>Associate Professor Too Heng-Phon</p>		<p>Biochemist’s quest to prove Singapore can succeed in life sciences</p> <p>At the dawn of Singapore's biomedical era in 2000, Associate Professor Too Heng-Phon gave politicians, judges, civil servants and members of the public week-long lessons in the life sciences.</p> <p>Prof Too, 62, and 10 former PhD students are now heading companies that are making breakthroughs in areas from cancer treatment and diagnosis to sustainable food production. Many of their solutions stemmed from his laboratory at the National University of Singapore’s Yong Loo Lin School of Medicine.</p> <p>One firm is Mirxes, responsible for the world’s first test kit to detect early-stage gastric cancer through a blood test. It has secured more than \$175 million in funding.</p> <p>Prof Too became determined to make a difference after an encounter with an elderly man when he was a teenager. That encounter taught him the value of giving.</p> <p>“If someone comes to shake your hand and say thank you for saving lives, that is enough,” he said.</p>
<p>Finalist 5</p>	<p>Ms Alison Lim and Mr Anjang Rosli</p>	 	<p>Two with dementia help others, caregivers to manage condition</p> <p>Ms Alison Lim, 65, and Mr Anjang Rosli, 58, are changing perceptions of what people with dementia can do. They help others with care solutions and ways to manage mental and physical decline.</p> <p>Mr Anjang founded the Chapal Malay Dementia Community on Facebook in 2020 to reduce stigma around the condition. In 2022, he helped dozens of care partners understand how to better care for persons with dementia and create safe spaces for them.</p> <p>Ms Lim founded Dementia & Co, which organises outings for persons with dementia and their care partners and also engages community groups for greater awareness. They support each other’s work.</p> <p>Ms Lim said: “Do not fear dementia. Engage with us. Do not pity or patronise us.”</p>

			<p>Mr Anjang said: “With the right guidance, knowledge and empathy, people with dementia can sustain themselves, it is a manageable condition.”</p>
Finalist 6	Ms Feng Tianwei		<p>Feng Tianwei moves nation with guts and tears at Commonwealth Games</p> <p>Her tears atop the podium moved Singaporeans, and reflected the tough journey Feng Tianwei took to win three gold medals at the Commonwealth Games.</p> <p>At 35, age was not on her side, and neither was form, as she had been suffering from “terrible” heart palpitations after taking a third dose of the Covid-19 vaccine in January 2022. She was forced to halt her practice and halve her training load when she returned to the table.</p> <p>Still, she demonstrated great fighting spirit on her way to a fairytale finish, especially in comeback wins in the women’s singles semi-final and final, as well as in the women’s doubles semi-final.</p>
Finalist 7	Ms Moonlake Lee		<p>She starts community for people with ADHD after daughter is diagnosed with condition</p> <p>More than 3,000 people with attention deficit hyperactivity disorder (ADHD) signed up for an organisation’s events in just one year.</p> <p>Now founder Moonlake Lee wants it to become an Institution of Public Character which would allow it to secure tax-deductible receipts for donors. This is part of efforts to support as many people as possible, with the goal of becoming the go-to organisation in Singapore for all things to do with ADHD.</p> <p>Ms Lee, 53, started Unlocking ADHD in 2021 after her elder daughter was diagnosed with the condition. The organisation runs support groups for over 2,000 people, and provides information resources as well as holds events for people with ADHD and their families.</p>